# **Blood Pheasant**

The Himalayan region is not only known for its stunning landscapes and diverse cultures but also for its unique and diverse wildlife. Among the many species that call the Himalayas their home, the blood pheasant is an extremely beautiful bird. These are rare and less in numbers. Protecting them and enhancing their numbers for future and biodiversity is extremely important.

### Origin

The blood pheasant (Ithaginis cruentus) is a bird species found in the Himalayas of Nepal, Bhutan, and India. The origin of the blood pheasant can be traced back to the family Phasianidae, which includes a diverse group of ground-dwelling birds, such as pheasants, partridges, and quails.

The exact origin of the blood pheasant is not known, but it is believed that the species evolved in the high-altitude regions of the eastern Himalayas. Fossils of pheasants dating back to the Late Miocene have been found in China, indicating that the ancestors of the blood pheasant have been around for millions of years.

The blood pheasant is believed to have reached India from Tibet, where it is found in the mountainous regions. The bird is primarily found in the Indian states of Arunachal Pradesh, Sikkim, and the western Himalayas, which are contiguous with Tibet.

It is likely that the blood pheasant reached India through the natural process of migration, as these birds are known to move to different altitudes depending on the season. However, it is also possible that humans may have introduced the species to India, as pheasants have been historically hunted and kept in captivity for their meat and feathers.

### **Distribution and Population**

The blood pheasant (Ithaginis cruentus) is found in the highaltitude regions of the Himalayas in India, primarily in the states of Arunachal Pradesh and Sikkim. The bird is also found in the western Himalayas, in the states of Himachal Pradesh and Uttarakhand.

The distribution of the blood pheasant in India is limited to the alpine and subalpine regions of the Himalayas, which are characterised by a cold and humid climate with sparse vegetation. The bird is known to inhabit steep slopes and rocky terrain, often found in small groups or pairs.

In India, the blood pheasant is classified as a species of "least concern" by the International Union for Conservation of Nature (IUCN). However, the bird's population is believed to be declining due to habitat loss and hunting. The blood pheasant is hunted for its meat and feathers, and is also used in traditional medicine.

#### Appearance

The blood pheasant (Ithaginis cruentus) is a medium-sized bird, with a distinct appearance and coloration. The bird has a height of about 40 to 48 cm and a weight of around 550 to 800 g.

The male and female blood pheasants have different coloration. The male has a bright red head and neck, with a black breast and back. The lower breast and belly are white, while the wings are a dark brown with a white streak. The male also has a bright yellow beak and legs. In contrast, the female has a brownish-gray head and neck, with a pale brown breast and back. The lower breast and belly are also pale brown, and the wings are similar in color to the male.

## Lifestyle

The blood pheasant is a shy and elusive bird, found in rocky and steep terrain at high altitudes. The bird is generally active during the day and is known to be very secretive, making it difficult to observe in the wild. During the breeding season, the male blood pheasant performs a courtship display to attract a female. The female then builds a nest on the ground, where she lays a clutch of about 4 to 5 eggs. Both parents take turns incubating the eggs, which hatch after about three weeks. The young birds are able to fly within a few weeks and become independent after about two months.

### Food Habits

Blood pheasants generally live in pairs or small groups and feed on a variety of insects, seeds, and berries. They also feed on the buds and shoots of alpine plants.

### Habitat

The blood pheasant is generally found in high-altitude habitats, including alpine meadows, scrublands, and rocky terrain. The bird is adapted to living in cold and humid environments, where temperatures can drop well below freezing. They are found at elevations of 3,000 to 5,000 meters above sea level.

### Species of Least Concern

The blood pheasant (Ithaginis cruentus) is not currently listed as vulnerable by the International Union for Conservation of Nature (IUCN). It is classified as a species of "least concern" due to its relatively large range and stable population.

However, the bird's population is believed to be declining in

some parts of its range due to habitat loss, hunting, and other threats. In the past, the blood pheasant has been listed as "near threatened" by the IUCN, indicating that the species may be at risk of becoming vulnerable in the future if conservation measures are not taken.

The blood pheasant is hunted for its meat and feathers, and is also used in traditional medicine. Habitat loss is another major threat to the species, as human activities such as logging and agriculture have encroached on the bird's alpine and sub-alpine habitat.

#### **Protected Areas**

There are several protected areas in India where the blood pheasant (Ithaginis cruentus) can be found. These protected areas have been established to conserve the bird's habitat and ensure its survival in the wild. Some of the important protected areas for the blood pheasant in India are:

Khangchendzonga National Park is a national park located in the state of Sikkim, in northeastern India. The park is named after Mount Khangchendzonga, the third-highest peak in the world. It is a UNESCO World Heritage Site and is home to a variety of wildlife, including the blood pheasant.

Located in the state of Arunachal Pradesh, in northeastern India, Namdapha National Park is the largest protected area in the Eastern Himalayas. The park is known for its rich biodiversity and is home to several endangered species, including the blood pheasant.

Singalila National Park is located in the state of West Bengal, in eastern India. The park is known for its scenic beauty and is home to a variety of wildlife, including the red panda and the blood pheasant.

Located in the state of Arunachal Pradesh, Dibang Wildlife

Sanctuary is one of the largest protected areas in the Eastern Himalayas. The sanctuary is home to several endangered species, including the blood pheasant.

Kedarnath Wildlife Sanctuary is a wildlife sanctuary located in the state of Uttarakhand, in northern India. The sanctuary is known for its scenic beauty and is home to a variety of wildlife, including the snow leopard and the blood pheasant.